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CHAMPIONSHIP                      GRAPPLING

TECHNIQUES PDF - Search results, In hand-to-hand combat, grappling is a close fighting technique used to gain a physical advantage such as improving relative position, or causing injury to the opponent. Grappling covers techniques used in many disciplines, styles and martial arts that are practiced both as combat sports and for self-defense.. Grappling most commonly does not include striking or the use of weapons., The World Jiu-Jitsu Championship (commonly known as Mundials) is the most prestigious Brazilian Jiu-Jitsu (BJJ) tournament in the world. They are hosted annually by the International Brazilian Jiu-Jitsu Federation. The first Mundial tournament to be held outside of Brazil was in 2007 at California State University, Long Beach in Long Beach, California, United States., Origine et Évolutions. Le grappling tel qu'on l'entend aujourd'hui est un terme englobant différentes disciplines de combats sans percussions qui remontent aux origines de l'humanité.

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