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PLANT SPIRIT SHAMANISM TRADITIONAL
TECHNIQUES FOR HEALING THE SOUL
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Shamanism is a practice that involves a practitioner reaching altered states of consciousness in order to perceive and interact with what they believe to be a spirit world and channel these transcendental energies into this world.. A shaman (/ ˈ ɛ ː ˈ ɛ f ˈ ɛ • m ˈ ɛ t ɪ n / SHAH-men) is someone who is regarded as having access to, and influence in, the world of benevolent and malevolent spirits, who ..., Ayahuasca is used largely as a treasured sacrament. People who work with ayahuasca in non-traditional contexts often align themselves with the philosophies and cosmologies associated with ayahuasca shamanism, as practiced among indigenous peoples like the Urarina of the Peruvian Amazon. While non-native users know of the spiritual applications of ayahuasca, a less well-known traditional usage ..., No matter what obstacles you face on your journey â€” health, finances, relationships, and more â€”

you can experience the heights and depths of the love, connection, and guidance that are always available to youâ€” if you know how to access them.. Practical shamanism is for everyday living and can help you meet these challenges., UÃ±a de Gato, Powerful Plant. By Morgan Maher . UÃ±a de Gato, Uncaria tomentosa, or Catâ€™s Claw is among the most amazing and powerful plants on this planet. Since I first encountered this jungle vine several years ago, it has remained by my side as one of my most trusted and respected guides on the path of health, clarity, energy and immunity., What is it? Holy basil (Ocimum sanctum) is a member of the mint, or Labiatae, family. Though it is closely related to the sweet basil (Ocimum basilicum) frequently used in cooking, holy basil has a much richer history.

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